

## OUR NEW MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>	Cereal, Toast, Porridge Milk/water  <i>N.B contains gluten, rye and oats</i>	Cereal, Toast, Porridge Milk/water  <i>N.B contains gluten, , rye and oats</i>	Cereal, Toast, Porridge Milk/water  <i>N.B contains gluten, , rye and oats</i>	Cereal, Toast, Porridge Milk/water  <i>N.B contains gluten, , rye and oats</i>	Cereal, Toast, Porridge Milk/water  <i>N.B contains gluten, , rye and oats</i>
<b>Lunch:</b>	Noodles with vegetables. Pudding: Cake and custard. <i>N.B contains gluten, soya and wheat, eggs</i>	Mashed potatoes, beans and sausage. Pudding: Jelly <i>N.B contains milk, gluten, barley, wheat, eggs</i>	Pasta, tuna and sweet corn Pudding: Yoghurt <i>N.b. contains wheat and fish, milk</i>	Fish fingers, baked beans with potato wedges. Pudding: Fresh fruit salad with honey yoghurt <i>N.B contains haricot beans, tomato puree, fish, wheat</i>	Spaghetti Bolognese. Pudding: Rice pudding mixed with custard <i>N.B. contains wheat, milk</i>
<b>Tea:</b>	Beans on toast <i>N.B contains wheat and barley, gluten, bread may also contain traces of soil, haricot beans, tomato puree</i>	Yorkshire pudding with gravy. <i>N.B contains wheat, eggs, milk, soya</i>	Crackers and cheese <i>N.B contains milk, wheat</i>	Various sandwich fillings inside wholemeal rolls with cucumber, carrot sticks and humus <i>N.B contains wheat, barley, yeast</i>	Friday Pizza <i>N.B contains eggs and milk</i>
	Fresh fruits Salad, Vegetables Milk/water  <i>N.B Contains Milk and Sulphur dioxide (Raisins)</i>	Fresh fruits, Salad, Vegetables Milk/water  <i>N.B contains milk and sulphur dioxide (Raisins)</i>	Fresh fruits, Salad, Vegetables Milk/water  <i>N.B contains milk and sulphur dioxide (Raisins)</i>	Fresh fruits, Salad, Vegetables Milk/water  <i>N.B contains milk and sulphur dioxide (Raisins)</i>	Fresh fruits, Salad, Vegetables Milk/water  <i>N.B contains milk and sulphur dioxide (Raisins)</i>

Water: readily available throughout the day and served with meals

Milk: served with breakfast and snacks

Babies: breast/ formula: According to individual needs